

McAlpine Dance Studio

Longfield Hall, 50 Knatchbull Road, London SE5 9QY

www.mcalpinedance.com

Class Groupings and Venues. Autumn term 2018

Class notes	
"Start to Dance"	Start to Dance is designed for the toddler to learn the basic dance movements through rhythmic exercises and story telling with the use of nursery rhymes and fun musical extracts.
"Stage Club"	Stage Club incorporates Tap dance and Musical Theatre Dance (ISTD Tap and Modern). The class levels (1, 2 and 3) correspond to the ISTD Modern and Tap Primary to Grades 3 syllabi. Children will also enjoy dancing together in non syllabus routines each week.
Adult dance class notes	
"General"	General indicates that a basic knowledge of technique is helpful.
"Intermediate"	Intermediate is a faster pace than the General class and geared for adults who have a good knowledge of technique.
"Silver Swans"	Louisa is delighted to be running this class which is designed for people who would like to enjoy the benefits which dance brings for the mind and body. A fun class which uses barre work and basic ballet technique, to develop strength, stretch and balance.

Venues notes	LH	TR	CH
	Longfield Hall 50 Knatchbull Road, London SE5 9QY	Tamberlin Room St John's Church, Shirley Church Rd, Croydon CR0 5EE	Clyde Hall Clyde Rd, Croydon CR0 6SZ

"Start to Dance", Pre-Primary and Primary in Dance and "Boys Dance" classes

Class	Day	Time	Venue
Start to Dance (2-4 yrs)	Monday	1.30-2.10 pm	LH
Start to Dance (2-4 yrs)	Monday	2.15-2.50 pm	LH
Pre Primary (4-5 yrs)	Monday	4.30-5.15 pm	LH
Pre Primary (4-5 yrs)	Saturday	9.15-10.00 am	LH
Primary (6 yrs)	Wednesday	4.30-5.15 pm	LH
Primary (6 yrs)	Saturday	10.45-11.30 am	LH
Boys Dance (4-6 yrs)	Monday	4.30-5.15 pm	LH

RAD Grades 1 to 8 Ballet classes

Class	Day	Time	Venue
Grade 1	Thursday	4.00-4.45 pm	LH
Grade 1	Saturday	10.45-11.30 am	LH
Grade 2	Wednesday	5.15-6.00 pm	LH
Grade 3	Wednesday	4.00-4.45 pm	LH
Grade 4	Wednesday	5.30-6.30 pm	LH
Grade 7	Tuesday	5.00-6.00 pm	LH
Grade 8	Thursday	5.30-6.30 pm	LH

RAD Progressing Ballet Grade classes

Class	Day	Time	Venue
Grade 2 to Grade 3	Saturday	10.00-10.45 am	LH
Grade 3 to Grade 4	Saturday	11.30-12.30 am	LH
Grade 4 to Grade 5	Saturday	12.30-1.30 pm	LH

RAD Intermediate Foundation, Intermediate / Advanced Foundation Ballet classes

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>
Intermediate Foundation	Monday	5.15-6.15 pm	LH
Intermediate Foundation	Saturday	2.30-3.30 pm	LH
Intermediate/Adv. F/ show rehearsal	Tuesday	5.45-7.00 pm	LH
Intermediate/Adv. F/ show rehearsal	Saturday	1.30-2.30 pm	LH

Adult Dance classes at Longfield Hall

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>
Adult Ballet (General)	Thursday	6.45-7.45 pm	LH
Adult Ballet (General)	Friday	10.00-11.00 am	LH
Adult Tap (General)	Friday	11.15-12.15 pm	LH
Adult Tap (Intermediate)	Friday	12.15-1.15 pm	LH
Adult Ballet (Intermediate)	Friday	1.20-2.20 pm	LH
Adult Ballet (Silver Swans)	Friday	2.30-3.30 pm	LH

Adult Dance classes at Clyde Hall and Tamberlin Room (Croydon)

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>
Adult Tap (General)	Monday	7.30-8.30 pm	TR
Adult Tap (General)	Wednesday	9.15-10.15 am	CH
Adult Ballet (General) with pianist £11	Wednesday	10.30-12.00 pm	CH

Stage Clubs, and Contemporary/Lyric Jazz classes

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>
Stage Club (level 2)	Wednesday	4.50-5.30 pm	LH
Stage Club (level 1 & 2)	Saturday	11.30-2.30 pm	LH
Stage Club (level 2 & 3)	Saturday	1.30-2.30 pm	LH
Stage Club (level 1)	Thursday	4.50-5.30 pm	LH
Contemporary/Lyric Jazz	Saturday	2.30-3.30 pm	LH

Spanish Dance and Drama classes

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>
Spanish (Beginners)	Monday	5.15-6.00 pm	LH
Spanish (Grades 2 -4)	Monday	6.00-6.45 pm	LH
Spanish (Advanced)	Tuesday	6.00 -6.40 pm	LH
Drama	Saturday	12.30-1.30 pm	LH

Show rehearsals

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>
Show Rehearsal	Tuesday	5.00-5.45 pm	LH
Show Rehearsal	Saturday	3.30-4.30 pm	LH